Wizz kidz food allergy chart – Loose food.

	Tuna in brine.	White bread.	Wholemeal bread.	Baked beans.	Cheese slices.	Heinz seaside pasta with tuna.	Cow & gate Fishermans bake.	Heinz cottage pie.	O
Cereals containing gluten.		✓	✓	✓		✓			
Crustaceans									
Egg									
Fish	✓					✓	✓		
Peanuts									
Soya		✓	✓						✓
Milk					✓	✓		✓	
Nuts									
Celery									
Mustard									
Sesame									
Sulphur dioxide									
Lupin									
Molluscs									